

Bullying Workshop Curriculum Focus

Our bullying workshop strives to educate our youth on the types of bullying including the effects of and how to deal with bullies. We also discuss the different bullies we may encounter, some maybe easier to deal with than others, including our harshest critic, ourselves.

Our Focus Curriculum outcomes are:

Years 3-4

Year Three			
	<i>Personal, Social and Community Health</i>	Factors that strengthen personal identities	ACPPS033
	<i>Personal, Social and Community Health</i>	Physical Social and emotional changes as people grow older	ACPPS034

Year Four			
	<i>Personal, Social and Community Health</i>	Use of persistence and resilience as tools to respond positively to challenges and failure	ACPPS033
	<i>Personal, Social and Community Health</i>	Strategies to identify and manage emotions before reacting	ACPPS038

Years 5-6

Year Five			
	<i>Personal, Social and Community Health</i>	Skills and strategies to establish and manage relationships over time, such as: - exploring why relationships change - assessing the impact of changing relationships on health and wellbeing - building new friendships - dealing with bullying and harassment	ACPPS055
	<i>Personal, Social and Community Health</i>	Ways in which inappropriate emotional responses impact on relationships, such as: loss of trust	ACPPS056



		• fear • loss of respect	
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Year Six			
	<i>Personal, Social and Community Health</i>	Skills to establish and manage positive relationships, such as: • showing respect and empathy • being cooperative • actively listening • being trustworthy • accepting differences	(ACPPS055)

We also may touch on the below outcomes:

Years 3-4

Year Three			
	<i>Personal, Social and Community Health</i>		
		Assertive Behaviours and communication skills to respond to unsafe situations	ACPPS035
		Behaviours that show empathy and respect for others	ACPPS037
		Circumstances that can influence the level of emotional response to situations	ACPPS038
		Choices and behaviours conveyed in health information and messages	ACPPS039

Year Four			
	<i>Personal, Social and Community Health</i>		
		Strategies that help individuals to manage the impact of physical, social and emotional changes	ACPPS034
		Personal behaviours and strategies to remain safe in uncomfortable or unsafe situations	ACPPS035
		Strategies to ensure safety and well-being at home and at school,	ACPPS036 and ACPPS040
		Strategies to cope with adverse situations and the demands of others	ACPPS038

Years 5-6

Year Five	<i>Personal, social and community health</i>		
		Reliable sources of information that inform health, safety and wellbeing, such as: • internet-based information • community health organisations • publications and other media	ACPPS053, ACPPS057
	<i>Movement and physical activity</i>		
		Ethical behaviour in applying rules in all game situations	ACPMPS069

Year Six	<i>Personal, social and community health</i>		
		Ways that personal identities change over time	ACPPS051
		Criteria that can be applied to sources of information to assess their credibility	ACPPS053
	<i>Movement and physical activity</i>		
		Basic strategies and tactics to successfully achieve an offensive or defensive outcome or goal: • use of appropriate skills • spatial awareness • relationship to and with objects, people and space	ACPMPS063